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Health

Organization	Mission / Details	Website	Phone number	Address	E-mail
Centers for Disease Control and Prevention (CDC)	The CDC promotes health and participation in society by people with disabilities across their lifespan. The state-based disability programs inform policy and practice at the state level and ensure that individuals with disabilities are included in ongoing state disease prevention, health promotion, and emergency response activities.	https://www.cdc.gov/ncbddd/disabilityandhealth/aboutus.html	(202) 245-0600	1600 Clifton Road Atlanta, GA 30329 CDC Washington Office 395 E Street, SW, Suite 9100, DC 20201	https://wwwn.cdc.gov/dcs/ContactUs/Form
Learn the Signs, Act Early	Yetta Myrick, CDC's Act Early Ambassador to the District of Columbia "Learn the Signs. Act Early. DC" aims to improve early identification of children with autism and other developmental disabilities in DC. FREE materials are available.	https://actearlydc.org/?language=en	202-271-9262	P.O. Box 60417 Washington, DC 20039	ymyrick@dcautismparents.org
MBI Health Services	Provides in-home care services for District residents. Three programs: 1) Skilled Home Healthcare Services; 2) Personal Care Aide Services; 3) Behavioral Health Services	www.mbihs.com	202-388-4320	4130 Hunt Place, NE, Washington DC 20019	hha-intake@mbihs.com
National Scoliosis Center	Creating custom spine solutions for children with scoliosis and kyphosis, secondary to Down Syndrome, spina-bifida, cerebral palsy, SMA and other conditions.	https://nationalscoliosiscenter.com	703-849-8808	3023 Hamaker Ct., Ste. LL50, Fairfax, VA 22031	https://nationalscoliosiscenter.com/contact/
Alzheimer's Association National Capital Area Chapter	Leads the way to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.	www.alz.org	1-800-272-3900	225 N. Michigan Ave. Floor 17 Chicago, IL 60601	https://action.alz.org/PersonifyEbusiness/Default.aspx?TabID=1500

Arthritis Foundation	The Arthritis Foundation helps you live your best life by creating a powerful network of support through shared experiences and meaningful connections. Work to promote life-changing resources and research, to push for change and to create community connections that welcome, inform and uplift.	https://www.arthritis.org/	202-787-5333	451 Hungerford Drive Suite 708 Rockville, Maryland 20850	https://www.arthritis.org/forms/helpline-form
National Institutes of Mental Health, Research Study:	Disruptive Mood Dysregulation Disorder (DMDD) Research Study evaluating non-drug interventions to reduce anger, irritability or outbursts in children. Enrolling ages 8 to 17.	https://www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/children/c-hildren-irritability	1-866-615-6464	6001 Executive Boulevard, Room 6200, MSC 9663 Bethesda, MD 20892-9663	nimhinfo@nih.gov
Chevy Chase Pediatric Dentistry	At Chevy Chase Pediatric Dentistry we understand that some children have unique individual needs that may require special considerations and accommodations. We are experienced and knowledgeable in the handling of their special oral health needs.	https://www.chevychasekids.dentist/	301-272-1246	8401 Connecticut Ave., Suite 650, Chevy Chase, MD	hello@chevychasekids.dentist
Falls Church Pediatric Dentistry Roselyne Gichana, DMD	We are committed to providing comprehensive, compassionate dental care to our infant, child and adolescent patients. Providing general checkups, exams, cleanings and fillings. Dental care for patients with compromised medical conditions and special needs.	https://www.fallschurchkids.com/	703-533-5511	6400 Arlington Blvd., Suite 80, Falls Church, VA 22042	info@fallschurchkids.com
PM Pediatrics	Urgent care for kids and young adults. Open every day until midnight. Staffed by Pediatric Emergency Specialists. On-site lab and digital X-ray. Most insurance plans accepted.	https://pmpediatriccare.com/	301-982-5437	7401 Greenbelt Rd., Greenbelt, MD 20770	https://pmpediatriccare.com/contact-us/
Pediatric Dental Care	Pediatric Dental Care provides advanced oral care for children of all ages, including those with special needs, in a fun and caring atmosphere.	kidsfirstdentalcare.com	Fairfax: 703-383-3434 Springfield: 703-992-7100.	Fairfax Office: 10614 Warwick Ave., Suite B, Fairfax, VA, . Springfield Office: 6120 Brandon Ave., Suite 114, Springfield, VA,	N/A
Center for Communication & Learning Susan M. Abrams, M.A.	CCL is a pediatric speech practice serving children with communication challenges. Promoting resilience motivation and social competency.	https://www.ccl-md.com/	240-883-6731	6208 Montrose Rd., Rockville, MD 20852	info@ccl-md.com

eFit Fitness and Behavioral Needs Eric Belton	<p>At eFit we fuse ABA therapy with fitness to help individuals with autism with fine and gross motor skill functioning. We are here to help!</p>	http://efit.weebly.com/	202-489-4283	E-Fit, VA DC MD, EFIT Personal Training Nutrition Counseling, Alexandria, VA 22304	efit1970@gmail.com
Groups4Kids.com	<p>An online directory of group therapy services for children, teens and parents offered by various clinicians/practices in the Washington, D.C. metropolitan area.</p>	https://groups4kids.com/	216-261-6398	N/A	N/A
Quince Orchard Psychotherapy	<p>We are a group of psychologists and therapists who provide compassionate and professional counseling and assessment services. Most major insurances accepted. Gaithersburg and Frederick locations.</p>	https://www.quinceorchardpsychotherapy.com/	240-750-6467	9707 Key West Avenue, Suite #100 Rockville, MD 20850 10 North Jefferson Street, Suite #202 Frederick, MD 21701	contact@qopsych.com
The Ross Center: Optimal Treatment for Anxiety and Mental Health	<p>Our clinicians are nationally-known experts in children's mental health, providing age-appropriate treatments that reduce the effects of anxiety, behavioral problems, ADHD and mood disorders.</p>	https://www.rosscenter.com/	Virginia: 703-687-6610 DC: 202-363-1010	1595 Spring Hill Rd., Ste. 520, Vienna, VA 22182 5225 Wisconsin Ave., NW, Ste. 400, Washington, DC 20015	VAinfo@rosscenter.com DCinfo@rosscenter.com
TLC - The Treatment and Learning	<p>Speech-language and occupational therapy services for children of all ages. Programs include therapeutic, social skills groups, sensory integration, handwriting and summer programs.</p>	https://tlic.org/	301-424-5200	2092 Gaither Rd., Suite 100, Rockville, MD 20850	https://tlic.org/contact/
Voz Speech Therapy Pediatric Bilingual Speech-Language Pathologist; Ana-Maria Jaramillo, M.S.	<p>A mobile speech therapy practice that provides individualized services specializing in children ages 1-6 in their home, school, daycare or community setting.</p>	https://vozspeechtherapy.com/	202-734-4884	1331 H St NW Ste 200, Washington, DC 20005	info@vozspeechtherapy.com

<p>Magui Moreno</p>	<p>Magüi is a mindfulness life coach and autism mom. She helps special needs parents to reduce their stress and connect better with their loved ones. She is a Certified Transpersonal Life Coach by the Institute of Transpersonal Development. Before motherhood, she worked for a series of International Organizations on Governance, Human Rights and Social Development in several countries. Originally from Spain, she works in both English and Spanish.</p>	<p>www.maguimoreno.com</p>	<p>202-823-5113</p>	<p>DC Area</p>	<p>maguimoreno@icloud.com</p>
<p>SubLime Living Dr. Gillian Rai Occupational Therapist (OT)</p>	<p>SubLime Living is a small, person-centered occupational therapy practice. We believe in 360 degrees of wellness, which is why we partner with other practitioners to provide comprehensive care. We use a strength-based approach to serve our clients, building on individual abilities to improve quality of life. Each individual has their own laws of development. By not imposing our own and honoring where the client is in their life and development, we can effectively equip people with the skills for the job of living.</p>	<p>Website is being revamped* Contact Dr. Gillian directly through email</p>	<p>540.761.3339</p>	<p>LemonTree Play Group, NW Washington, DC 20009</p>	<p>DrGrai@sublimelivin.com</p>
<p>Stixrud Group (individual testing)</p>	<p>The Stixrud Group is a group of neuropsychologists and clinical psychologists who specialize in the evaluation of children, adolescents and adults with learning, attention, social or emotional difficulties.</p>	<p>http://www.stixrud.com/</p>	<p>(301) 565-0534</p>	<p>The Stixrud Group, LLC. 8720 Georgia Avenue, Suite 606 Silver Spring, MD 20910</p>	<p>N/A</p>