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Outreach Organizations & Programs

Organization	Mission / details	Website	Phone number	Address	E-mail
Americans with Disabilities Act (ADA)	Federal civil rights law that prohibits discrimination against people with disabilities in everyday activities. ADA Home Page provides access to the ADA regulations and resources.	https://www.ada.gov	800 -514-0301	U.S. Department of Justice Civil Rights Division Disability Rights Section: 950 Pennsylvania Avenue, NW Washington, D.C. 20530	N/A
The ARC	Nationwide association promotes and protects the human rights of people with intellectual and developmental disabilities and supports their inclusion and participation in their communities.	http://www.thearc.org/	(800) 433-5255	1825 K Street, NW, Suite 1200 Washington, DC 20006	N/A
The Arc Montgomery County	Directly supports over 500 children, adults, and families by providing child care, work skills training, employment opportunities, community living services, resources, advocacy and respite care.	http://thearcmontgomerycounty.org/	301-984-5777	11600 Nebel St Rockville, MD 20852	Communications@arcmontmd.org
The Arc of Northern Virginia	Promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.	https://thearcofnova.org/	703-208-1119	2755 Hartland Road, Suite 200, Falls Church, VA 22043	Info@thearcofnova.org
The Treatment and Learning Centers (TLC): Tutoring & Coaching	Tutors get to the heart of your child's learning problem with individualized tutoring plans and instruction. Offering psychoeducational testing, organizational coaching and counseling. LD/ADHD specialists.	www.ttlc.org	301-424-5200	2092 Gaither Rd., Ste. 100, Rockville, MD 20850	gmcdonald@ttlc.org
WBG DARE	DARE is WBG staff group comprising people with disabilities and dependents with disabilities, or simply those seeking to improve disability inclusiveness	N/A	N/A	WBG HQ	dare@worldbank.org
Parent Encouragement Program	Nonprofit organization that provides classes, workshops and other resources to parents and all who care for children from toddlers through teens.	www.pepparent.org	301-929-8824	10100 Connecticut Ave., Kensington, MD, 20895	Office@PEPparent.org
Learn the Signs, Act Early. DC Yetta Myrick: CDC's Act Early Ambassador	Aims to improve early identification of children with autism and other developmental disabilities in DC. FREE materials are available.	www.dcautismparents.org/learn_the_signs_act_early_dc	202-271-9262	N/A	ymyrick@dcautismparents.org
Cerebral Palsy Group.	An online resource for anyone who has been affected by cerebral palsy, birth injuries or brain injuries.	https://cerebralpalsygroup.com/	(866) 510-0717	13506 Summerport Village Pkwy, Windermere, FL 5056	https://www.legalfinders.com/contact/
Accessibility Information in Washington, DC	Information resource for Washington, D.C. wheelchair rental, handicapped parking, accessible museums and other attractions.	https://washington.org/DC-information/accessibility	202-789-7000	901 7th Street NW, 4th Floor, Washington, DC 20001-3719	DDCvisitor.services@washington.org
DisABILITY Information and Resources	Extensive list of internet resources, including adapted special needs clothing, housing resources, computer accessibility resources and disaster preparedness information for individuals with disabilities.	www.makoa.org	N/A	N/A	N/A
Center for Excellence in Developmental Disabilities / Waisman Center	Wide range of helpful disability-related resources for families. The mission of UCEDD is to support the full inclusion and self determination of people with developmental disabilities and their families	https://www2.waisman.wisc.edu/cedd/about.php	800-532-3321 or 608-265-8610	N/A	wrc@waisman.wisc.edu
Disability.gov	Provides information on disability-related government resources. Information to promote an inclusive workforce and increase employment opportunities for people with disabilities	https://www.disability.gov/ https://www.dol.gov/odep/	1-866-487-2365	U.S. Department of Labor: 200 Constitution Ave NW Washington, DC 20210	webmaster@dol.gov https://www.dol.gov/odep/topics/disability.htm

Intensive Early Intervention Services at CSAAC	Community Services for Autistic Adults & Children Leading provider in ABA treatment to toddlers through early school years and beyond. IEI Services teaching skills to children to create a happier life.	www.csaac.org	240-912-2367	Montgomery Village, MD	ieiadmin@csaac.org
NAMI DC	Providing education, support, and advocacy for individuals and their families with mental illness.	http://www.namidc.org/	(202) 546-0646	422 8th Street Southeast, Washington, DC 20003	namidc@namidc.org
Deaf-Reach	Helps maximize self-sufficiency of deaf adults needing special services by providing referral, education, employment, advocacy, counseling, and housing	http://deaf-reach.org/	(202) 832-6681	3722 12th St NE, Washington, DC 20017	https://deaf-reach.org/contact/
Administration on Aging (AOA)	Provides elders with services and programs designed to help them live independently. The act also empowers the federal government to distribute funds to the states for supportive services for individuals over the age of 60.	https://acl.gov/about-acl/administration-aging	(202) 401-4634	Administration for Community Living 330 C St SW Washington, DC 20201	https://acl.gov/contact
PEARLS	A national evidence-based program for late-life depression, brings high quality mental health care into community-based settings that reach vulnerable older adults.	https://depts.washington.edu/hprc/evidence-based-programs/pearls-program/	(206) 221-4472	1107 NE 45th St., Suite 400 Seattle, WA 98105	uwpearls@u.washington.edu
ADD Helpline	Online support group for parents, chat room, medical information, and videos.	http://addhelpline.org/	301-306-7070	N/A	N/A
ADDers.org	U.K.-based family support group, promotes awareness, multilingual site offers contacts with international support groups.	http://www.adders.org/	N/A	N/A	web.admin@adders.org
Attention Deficit Disorders Association (ADDA)	Information sections describing ADHD specially focused for children, teens, or adults; books, family support issues.	http://add.org/	(800) 939-1019	N/A	https://add.org/contact-adda/
National Resource Center on AD/HD	To serve as a clearinghouse for evidence-based information on ADHD, a local face-to-face family support group for families and individuals affected by ADHD, and an advocate for appropriate public policies and public recognition in response to needs faced by families and individuals with ADHD.	http://www.help4adhd.org/	301-306-7070	4221 Forbes Blvd, Suite 270 Lanham, MD 20706	N/A
“50 Tips: Classroom Management of ADD”	by Edward M. Hallowell, MD, adapted from Answers to Distraction, Edward M. Hallowell, MD, and John J. Ratey, MD, Pantheon, New York, 1995.	https://www.healthyplace.com/adhd/articles/50-tips-on-the-classroom-management-of-add	210-225-4388	N/A	https://www.healthyplace.com/form/1-h
Checklists for Teachers	by Sandra F. Rief, M.A., includes tips for getting student's attention, focusing student's attention, maintaining student's attention, and keeping kids on-task during seat work	http://www.ldonline.org/article/Checklists_for_Teachers	N/A	3939 Campbell Avenue Arlington, VA 22206	ldonline@weta.org
AD/HD and the College Student	7 Tips for College Students with ADHD	https://www.verywellmind.com/college-students-with-adhd-20820	212-204-4000	Attn: Verywell 225 Liberty Street New York, NY 10281	contact@verywellmind.com
Book list	Excellent list of books about ADD and the college student	https://www.verywellmind.com/choosing-a-college-when-you-have-adhd-20565	212-204-4000	Attn: Verywell 225 Liberty Street New York, NY 10281	contact@verywellmind.com
“Trade School Instead of College”	CHADD article	https://chadd.org/adhd-weekly/trade-school-instead-of-college/	301-306-7070	4221 Forbes Blvd Suite 270 Lanham, MD 20706	customer_service@chadd.org
Understanding Disabilities	Information about cerebral palsy and advocacy for all disabilities.	https://ucp.org/?s=understanding+disabilities&submit=Search	(202) 776-0406	8401 OLD COURTHOUSE RD. VIENNA, VA 22182	info@ucp.org
Accommodations / Modifications for In the Classroom	Once a student has been tested and retested, and it has been determined that the student needs an IEP (Individual Education Plan), it's time to consider what accommodations and modifications are needed to help the student with learning disabilities to succeed. But what exactly does that mean?	https://www.ldrfa.org/accommodations-and-modifications-for-students-with-ld-explained/	646-701-0000	LD Resources Foundation, Inc 14 Horatio Street #5H New York, N.Y 10014	info@ldrfa.org

Math Learning Disability Resource	Classroom help - ranging from math to diagnostic testing centers and college help	https://www.dyscalculia.org/	(313) 300-1901	N/A	help@dyscalculia.org
The International Dyslexia Association	A non-profit organization dedicated to helping individuals with dyslexia.	https://dyslexiaida.org/	(410) 296-0232	1829 Reisterstown Road Suite 350 Pikesville, MD 21208	info@dyslexiaida.org
All Kinds of Minds	A non-profit institute for the understanding of differences in learning. The Institute was founded by Dr. Mel Levine, a nationally recognized expert in the field of learning differences. The site has information for families, educators, and clinicians.	https://allkindsofminds.org/	(603) 589-9517	Q.E.D. Foundation 105 State Route 101A, Unit 1A Amherst, NH 03031	info@qedfoundation.org
Charles and Helen Schwab Foundation	A non-profit organization that includes information on identification issues and programs for LD, AD/HD and those who struggle with learning.	https://www.schwabfoundation.org/	(415)795-4920	201 Mission Street, Suite 1950 San Francisco, CA 94105	info@schwabfoundation.org
Family Education	Strategies and skills-building techniques, information on AD and AD/HD including a parent discussion forum.	https://www.familyeducation.com/	N/A	N/A	https://www.familyeducation.com/contact
Alexander Graham Bell Association for the Deaf and Hard of Hearing	Advocates independence through listening and talking.	https://www.agbell.org/	202-337-5220	3417 Volta Place NW Washington, D.C. 20007	info@agbell.org
GreatSchools.org	Parent information on the first steps in addressing the needs of a learning difficulty, how to work with the school, managing needs. Reading Readiness	https://www.greatschools.org/gk/category/learning-disabilities/	N/A	GreatSchools 2201 Broadway, 4th Floor Oakland, CA 94612	https://greatschools.zendesk.com/hc/en-
PBS Kids	Between the Lions, Get Wild About Reading – Activities and information for parents and children.	https://pbskids.org/retired/lions/	N/A	N/A	https://wgghkids.com/contact/
Reading Rockets	A free online newsletter devoted to helping parents and teachers help all students develop a love of reading, including reluctant readers and those who struggle.	https://www.readingrockets.org/	N/A	WETA Public Television 2775 S. Quincy St. Arlington, VA 22206	https://www.readingrockets.org/contact
Council for Exceptional Children	Information Center on Disabilities and Gifted Education.	https://exceptionalchildren.org/	(888)232-7733	Council for Exceptional Children, 3100 Clarendon Blvd., Ste. 600, Arlington, VA 22201	service@exceptionalchildren.org
Gifted and Learning Disabled: Twice Exceptional Students	We address how teachers and parents of gifted children with LD can implement the interventions necessary for the learning disability while still providing opportunities for enrichment.	https://www.ldonline.org/ld-topics/gifted-ld	N/A	3939 Campbell Avenue Arlington, VA 22206	ldonline@weta.org
Research: Diamonds in the Rough	We address how teachers and parents of gifted children with LD can implement the interventions necessary for the learning disability while still providing opportunities for enrichment.	https://www.ldonline.org/ld-topics/gifted-ld/diamond-rough	N/A	3939 Campbell Avenue Arlington, VA 22206	ldonline@weta.org
Diagnostic and Statistical Manual of Mental Disorders , 4th Ed.	The professional manual that lists criteria for specific diagnoses, such as, AD/HD, various LDs, autism, and mental retardation. Washington, DC: American Psychiatric Association, May 2013.	https://www.psychiatry.org/dsm5	202-559-3900	800 Maine Avenue, S.W., Suite 900, Washington, DC 20024	apa@psych.org
The Guide to Private Special Education	Lists and describes educational programs for elementary and secondary students with special needs. Guide listings include such information as student eligibility, admission requirements, therapeutic offerings, tuition and aid, and curricular details.	https://www.amazon.com/Guide-to-Private-Special-Education-2013/dp/0875581757	N/A	N/A	N/A