

Cultivating Flourishing Families Abroad

The Research Behind Thriving Expatriate Children

September 29, 2022

WE BELIEVE

Healthy families and the expatriate life are not in contradiction

Children shouldn't take the backseat to their parent's work abroad

Together we can lower depression & anxiety in Adult TCKs

WHAT TCKS NEED TO THRIVE

- Emotionally safe spaces
- Secure attachment
- Positive Childhood Experiences (PCEs)

Positive Childhood Experiences (PCEs)



Shut Down Responses

DOWNPLAY
DEFEND
COMPETE
CORRECT

Safe Space Responses

ACKNOWLEDGE
AFFIRM
COMFORT
BE CURIOUS

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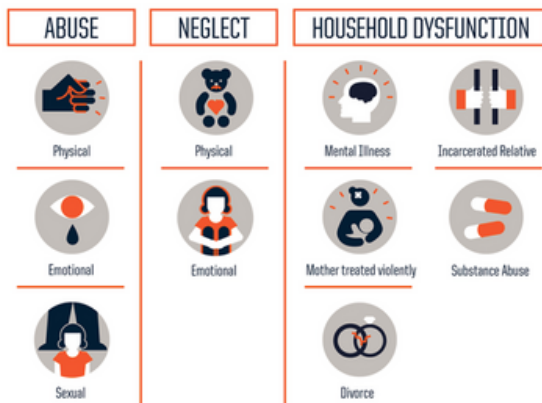
OUTLINE

Limits of Parental Separation

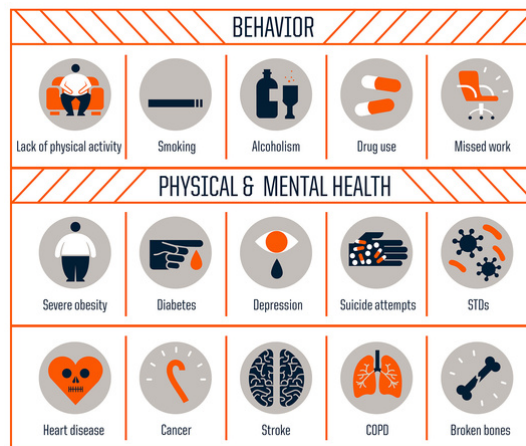
Magid K & McKelvey, C. (1989) High risk: Children without a conscience. New York: Bantam, p. 335

Age of Child	Preferable Limit	Acceptable Limit	Harmful Limit
Under 1 Year	Two days	Seven days	More than seven days
1-2 years	Three days	Ten days	More than ten days
3-5 years	One week	Three weeks	More than three weeks
6-9 years	Two weeks	Four weeks	More than four weeks
10-13 years	Four weeks	Six weeks	More than six weeks
14+ years	Six weeks	Nine weeks	More than nine weeks

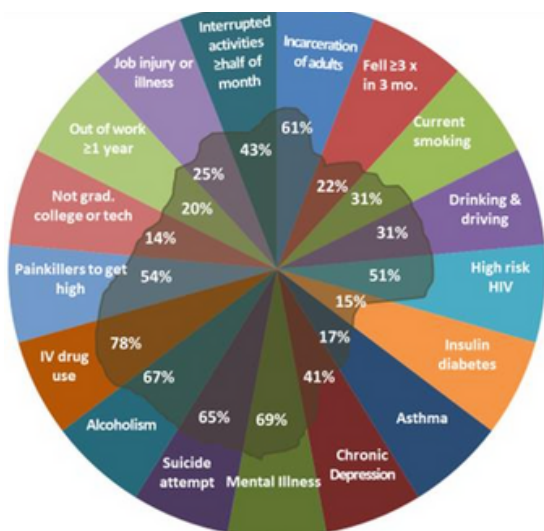
OUR RESEARCH



Source: Centers for Disease Control and Prevention
Credit: Robert Wood Johnson Foundation

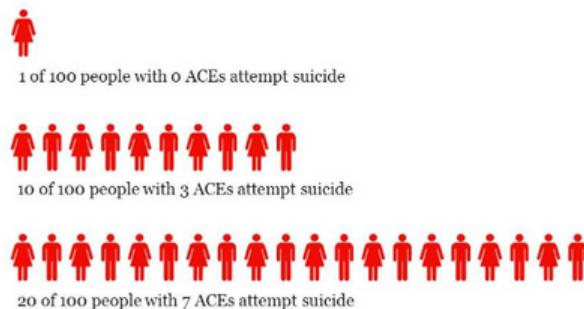


Source: Centers for Disease Control and Prevention
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ACE Score Increases Suicide Attempt



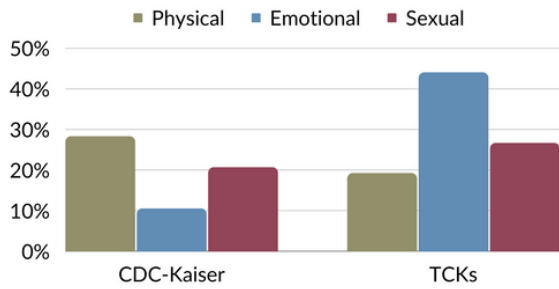
Source: Centers for Disease Control and Prevention
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Citing Our Research

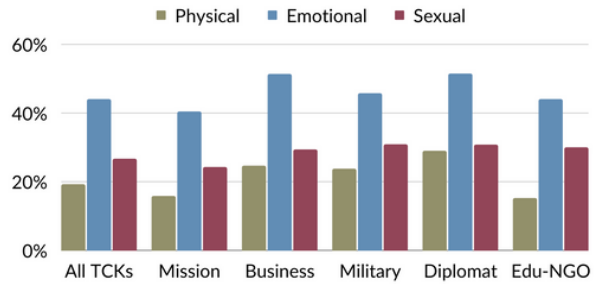
Crossman, T., & Wells, L. (2022, June 7). Caution and Hope: The Prevalence of Adverse Childhood Experiences in Globally Mobile Third Culture Kids. Retrieved from <https://www.tcktraining.com/research/caution-and-hope-white-paper>

OUR ACE DATA

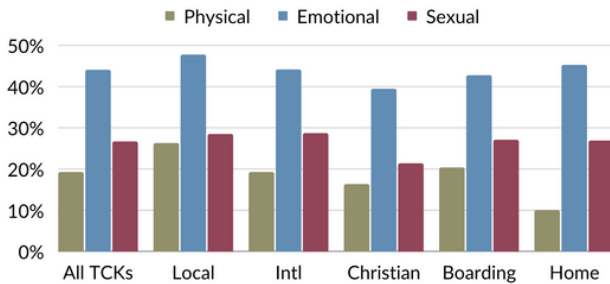
Abuse



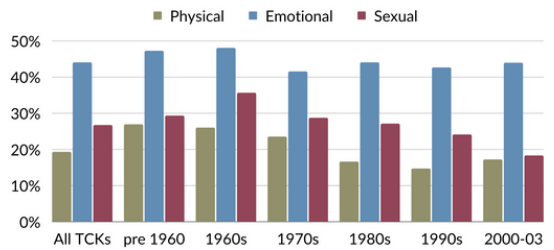
Abuse by Sector



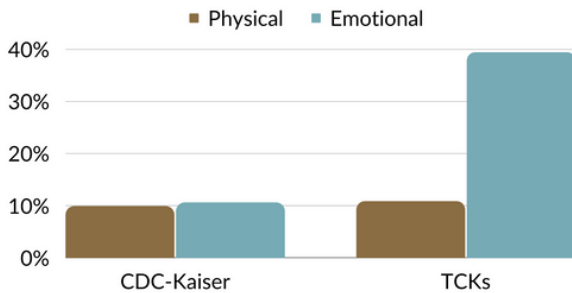
Abuse by Education



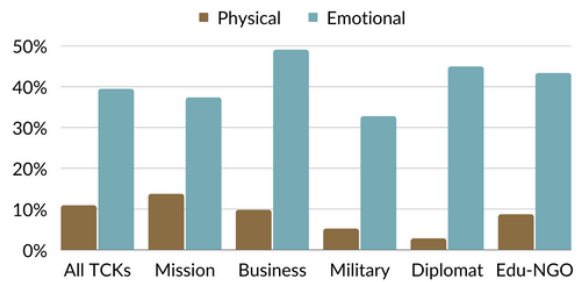
Abuse by Age (Birth Year)



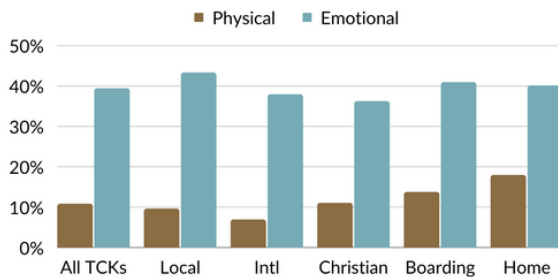
Neglect



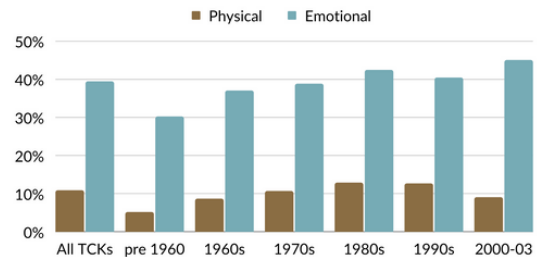
Neglect by Sector



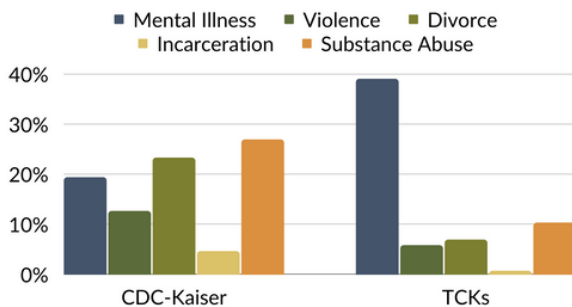
Neglect by Education



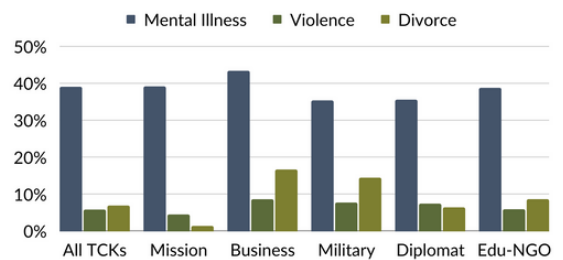
Neglect by Age (Birth Year)



Household Dysfunction

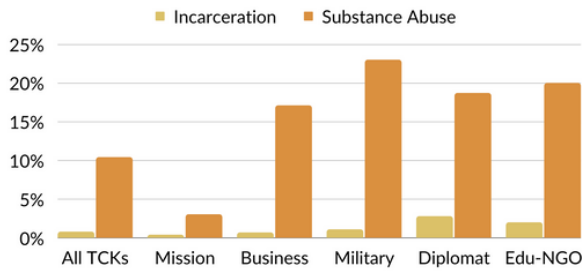


Household Dysfunction by sector, part 1

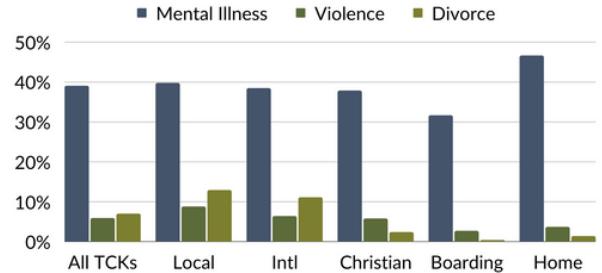


OUR ACE DATA

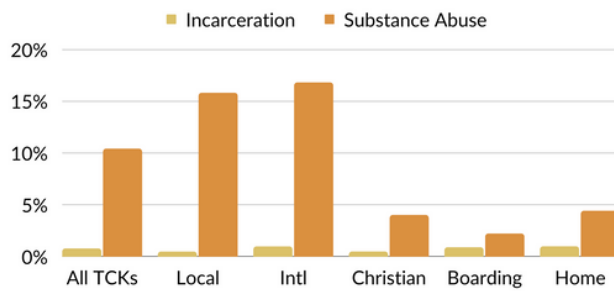
Household Dysfunction by sector, part 2



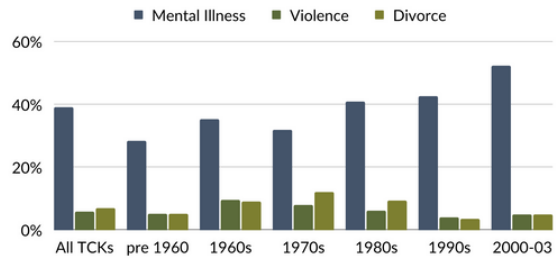
Household Dysfunction by Education (1)



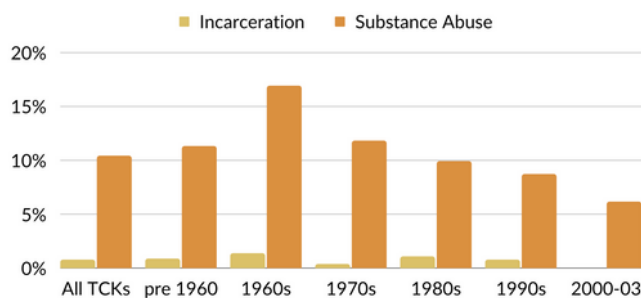
Household Dysfunction by Education (2)



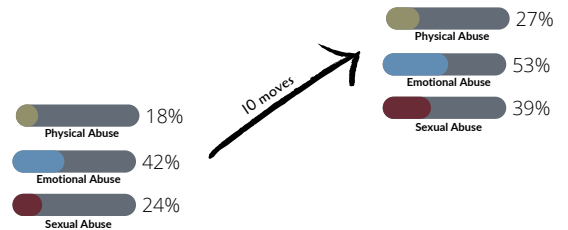
Household Dysfunction by Age (1)



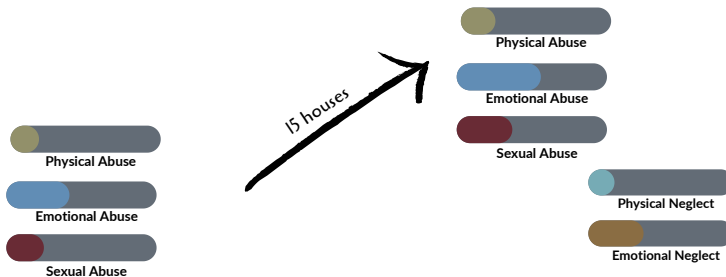
Household Dysfunction by Age (2)



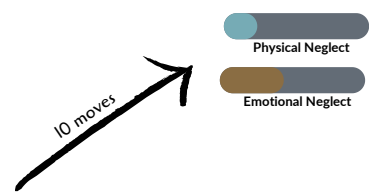
Impact of High Mobility: Location Moves



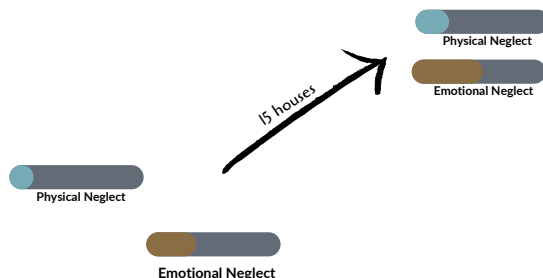
Impact of High Mobility: House Moves



Impact of High Mobility: Location Moves



Impact of High Mobility: House Moves



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