

# NUTRITION FOR MEN

THURSDAY, JUNE 4:  
8-8:30 AM EST [VIRTUAL]

## Speaker:

Lynnette Simpson  
Certified Nutrition Specialist, Licensed Nutritionist

Discover the essential nutrients that support men's energy, strength, and long-term wellness.

## Learn:

- Practical tips to incorporate essential nutrients into daily routines.
- How to avoid common nutrition pitfalls.

Scan here to join



## Meeting ID:

243 827 834 600 063

## Passcode:

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**WORLD BANK GROUP**  
Health & Safety Directorate

