



# fresh starts

## New Year Resolutions

Date: Wednesday, January 23, 2019

Venue: MC-C1 East Dining Room

Time Slots: 12:00 pm – 1:00 pm | 1:30 pm – 2:30 pm



**Restaurant Associates**

HOSPITALITY EXCELLENCE  
PREMIER CLIENTS

Join Registered Dietitian and Restaurant Associates Wellness Director Tori Martinet Wednesday, January 23rd for a nutrition talk and how to make (and keep) healthy resolutions.

To register, go to <http://HSD>  
OR

<https://www.surveymonkey.com/r/HSDNewYearsResolutions>

NOTE: Please register for 1 session only.

