

EARTHQUAKE

Preparedness & Response Guide



Much of the damage in earthquakes is predictable and preventable.

DROP



COVER



HOLD ON!



BEFORE AN EARTHQUAKE



PREPARE AN EMERGENCY PLAN

- ▶ Decide where and when to reunite your family when an earthquake occurs.
- ▶ Make copies of vital records and documents.
- ▶ Update contact information and practice text messaging.
- ▶ Establish all the possible ways to exit your house and keep them clear.
- ▶ Inform everyone in your home about the plan.



PREPARE A DISASTER SUPPLIES KIT

- ▶ Prepare a kit for your home, office and car.
- ▶ Include canned food, water, and supplies including a flashlight, portable battery-operated radio, extra batteries, prescription medicines, first aid kit, money, clothing and bedding/ sleeping bags.
- ▶ Pick “safe places” in each room of your home.
- ▶ Get training. Take a first aid class.



ELIMINATE HAZARDS

- ▶ Bolt tall furniture to the wall.
- ▶ Secure items that might fall.
- ▶ Move large or heavy objects, and fragile items to lower shelves.
- ▶ Store breakable items in low, closed cabinets with latches
- ▶ Store chemicals and flammable products securely in closed cabinets with latches, on bottom shelves.
- ▶ Hang heavy items away from beds, couches, and anywhere people sit.

COUNTRY OFFICES



- ▶ Review and update the Crisis Management Plan (CMP) and Crisis Management Team (CMT), as needed.
- ▶ Conduct periodic drills.
- ▶ Consider preparing emergency supplies for office and staff.
- ▶ Socialize emergency plans with staff and visiting missions.

DURING AN EARTHQUAKE

DROP



COVER



HOLD ON!



- ▶ **IF INDOORS**, stay indoors until the shaking stops and you are sure it is safe to exit.
- ▶ Stay away from windows.
- ▶ In a high-rise building, expect the fire alarms and sprinklers to go off.
- ▶ If you are in bed, hold on and stay there, protecting your head with a pillow.
- ▶ If in a crowded store or other public place, do not rush for the exits.
- ▶ If in a stadium or theater, stay in your seat and cover your head and neck with your arms.
- ▶ **IF YOU ARE OUTDOORS**, find a clear spot away from buildings, trees, streetlights, and power lines.
- ▶ Drop to the ground and stay there until the shaking stops.
- ▶ If you are on a sidewalk near buildings, duck into a doorway to protect yourself from falling bricks, glass, plaster and other debris.
- ▶ **IF YOU ARE IN A VEHICLE**, pull over to a clear location, stop and stay there with your seatbelt fastened until the shaking has stopped.
- ▶ **IF YOU ARE IN A COASTAL AREA**, move to higher ground. Tsunamis are often created by earthquakes.
- ▶ **IF YOU ARE IN A MOUNTAINOUS AREA** or near unstable slopes or cliffs, be alert for falling rocks and other debris that could be loosened by the earthquake.

AFTER AN EARTHQUAKE



Do not use your vehicle unless it is an emergency.

Be wary and cautious of your surroundings



Check yourself for injuries.



Stay calm and lend a hand to others.

Protect yourself from further danger.



Watch out for fallen power lines or broken gas lines, and stay out of damaged areas.

Turn on your radio/TV for information.



Extinguish small fires, turn off gas, clean up spilled liquids.



Watch animals closely, their behavior may change.

Keep contact with CO management and stay tuned for any security information.



Inspect your home and stay out if it is unsafe.



If you need to communicate, consider texting.



Respond to messages from the CO or Corporate Security.

**EXPECT AFTERSHOCKS.
DO NOT TAKE UNNECESSARY RISKS!**

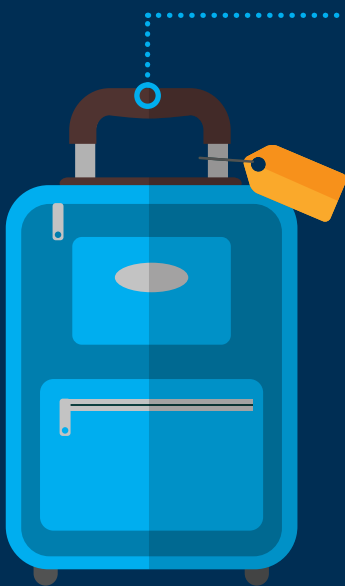


AFTER AN EARTHQUAKE



COUNTRY OFFICE

- ▶ Ensure all staff and travelers are accounted for and safe.
- ▶ Activate and convene the CMT, if needed.
- ▶ Consider approving alternate work arrangements (eg. work from home).
- ▶ Consider restricting or suspending visiting missions.
- ▶ Maintain regular contact with Regional Management and Corporate Security.



TRAVELERS

- ▶ Check in with the CO and let them know you are safe or use the WorldCue App.
- ▶ Follow security recommendations.
- ▶ Be alert and monitor the news for up-to-date information.
- ▶ Be flexible and be prepared to leave the city/country if instructed to do so.

EMERGENCY SUPPLIES CHECKLIST

Customize the list based on your household requirements. Store enough supplies for at least 72 hours



First Aid kit, medications, mask



Change of clothes, plastic sheeting, helmet



Sanitation and personal hygiene items



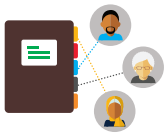
Photocopies of all important documents such as passports, visas, insurance policies, birth and marriage certificates



Some cash (local currency/dollars)



Dry, canned food, energy bars, and a manual can opener.



Family and emergency contact information



Emergency blanket, fleece jacket, sleeping bag



One gallon of water per person per day. Try to store at least 3-day supply of water if possible.



Small radio with spare speakers



A map of the city



Extra set of house keys and car keys



Flashlight, spare batteries, candle and match box

365/24/7 SECURITY OPERATIONS CENTER | SOC

▶ **EMERGENCY**

+1 (202) 458 8888

▶ **NON-EMERGENCY**

+1 (202) 473 3333

▶ **TEXT MESSAGES**

+1 (202) 460 9244

▶ **EMAIL**

wbgsecurity@worldbank.org

▶ **INTRANET**

<http://security>

The SOC can work with you to find the resource needed to assist you in an emergency to include security, health or others as required. Provide your name, UPI, location and callback number.